

Table 1

Genus	species	Cultivar	Description
Anethum	<i>graveolens</i>	Dill	
Arenaria	<i>montana</i>		Vigorous spreading evergreen, grey leaved prostrate perennial, saucer shaped white flowers (quite large for an Arenaria) in generous numbers, early summer. Full sun and sharp drainage.
Artemisia	<i>dracunculus</i>	French Tarragon	Mildly creeping stems, richly aniseed flavoured leaves. Not as hardy as Russian tarragon but infinitely superior flavour.
Campanula	<i>portenschlagiana</i>		Lilac thimble shaped flowers, lobed foliage, creeping habit.
Campanula	<i>garganica</i>	Mrs Resholt	Intense violet (Plant of the year at Chelsea 2012?)
Campanula	<i>poscharskyana</i>		Lilac starry flowers, creeping and spreading, good for dry banks.
Campanula	<i>poscharskyana</i>	E H Frost	Robust creeping perennial silver blue flowers, good for dry banks.
Carex	<i>elata</i>	Aurea	Bowles' Golden Sedge.
Caryopteris		Kew Blue	Erect, compact, dark flowers and fruit.
Ceanothus	<i>thrysiflorus</i>	var. repens	
Chamaemelum	<i>nobile</i>	Treneague	The best type for chamomile lawns - no flowers
Corydalis	<i>flexuosa</i>		Dark foliage and bright blue flowers in spring and autumn.
Dianthus		La Bourboule	Rose-pink fragrant
Dianthus		Whatfield Cancan	Soft Pink double, strong scent.
Dicentra		Langtrees	Low divided, grey foliage sprouts from fleshy rhizomes, white tubular flowers tinted pink.
Erigeron	<i>karvinskianus</i>		Low white/pink/yellow tiny daisy flowers non stop.
Geranium		Rozanne	Vigorous and floriferous, Violet, white centred, purple veined saucer shaped flowers from Summer to Autumn looks fabulous in a container.
Geranium	<i>macrorrhizum</i>	Album	Fleshy rhizomes and leaves- strongly aromatic. White flowers.
Geranium	<i>clarkii</i>	Kashmir Purple	Finely divided leaves, narrow purple petals with contrasting veins.
Geranium	<i>pyrenaicum</i>	Bill Wallis	Rounded leaves and lax habit strong purple flower heads. A bit of a self seeder
Heuchera		Black pearl	Jet black leaves with scalloped edges, foamy white flowers, irresistible!
Iris	<i>fulva</i>		Variable copper flowers, grows in damp soil or shallow water.
Lactuca		Mixed lettuce	
Lavandula	<i>angustifolia</i>	Nana Alba	Pale white flowers dwarf
Lavandula	<i>angustifolia</i>	Hidcote	Dwarf habit, silvery foliage, violet flowers.
Ligularia	<i>przewalskii</i>		Tall yellow spikes contrast well with dark stems, revels in damp soil.
Lunaria	<i>rediviva</i>		Perennial honesty, elongated transparent seed cases follow purple flowers.
Lunaria		Corfu Blue	
Meconopsis	<i>cambrica</i>		Welsh poppy, flat yellow (occasionally orange) flowers tolerant of shade and competition from grass.
Mentha	<i>x villosa</i>	var. alopecuroides	(Bowles' mint)
Mentha	<i>x gracilis</i>	Variegata	Ginger mint
Mentha	<i>spicata</i>	Tashkent	Good flavour, attractive crinkly leaves white flowers
Mentha	<i>requienii</i>		Corsican Mint. Prostrate, tiny leaves and flowers. Pungent

Mentha	<i>spicata</i>	spear mint	Spearmint
Mentha	<i>pulegium</i>		Pennyroyal
Nepeta	<i>racemosa</i>	Felix	Darker mauve, supposedly more floriferous, compact 30 cm x 60 cm
Nephrolepis	<i>exaltata</i>	Boston	Elegant cascading housefern. Minimum temperature 10 deg C (that's plus 10 not minus 10)
Ocimum	<i>basilicum</i>	Nuphar	
Oenothera	<i>stricta</i>	Sulphurea	Elegant evening primrose yellow /apricot flowers. red and green lanceolate leaves.
Origanum	<i>vulgare</i>	Acorn Bank	Yellow elongated leaved marjoram.
Origanum	<i>vulgare</i>	greek	Strongly flavoured marjoram.
Petroselinum	<i>crispum</i>	French	
Phlox	<i>divaricata laphamii</i>	Chattahoochee	Dark foliage, blue flowers with crimson centres, partial shade neutral to acid soil. Choice but choosy.
Phlox	<i>glaberrima</i>	Bill Baker	Somewhat lax habit to 0.5m Lance shaped leaves and clustered, scented bright pink flowers early summer, good for front of borders.
Polygonatum	<i>x hybridum</i>		Soloman's seal, arching stems with pendulous white flowers making a fairly weed-proof swathe. Sun or shade.
Pisum	<i>sativum</i>	Pea sprouts	
Pulsatilla	<i>vulgaris</i>		Finely divided foliage, nodding bell shaped mauve flowers in spring. The Pasque flower of chalk downland.
Salvia	<i>officinalis</i>	Purpurescens	Sage with purple red leaves. purple flowers.
Saxifraga		Southside Seedling Group	Bold silver foliage, white flowers spotted red.
Sedum	<i>spathulifolium</i>	Cape Blanco	Blue green fleshy foliage, yellow flower heads.
Sempervivum	<i>calcaeeum</i>	Sir William Lawrence	
Tanacetum	<i>parthenium</i>	Aureum	Golden feverfew, modestly cheerful.
Thymus	<i>pulegioides</i>	Bertram Anderson	Compact habit, forms mats of reliably bright foliage.
Trifolium	<i>repens</i>	Dragon's Blood	
Vinca	<i>minor</i>	Azurea Flore Pleno	Semi-double blue lesser periwinkle
Viola	<i>cornuta</i>		Inoffensive ground cover with pale blue (or white) pansy flowers but slimmer with a sweet scent (at ground level).